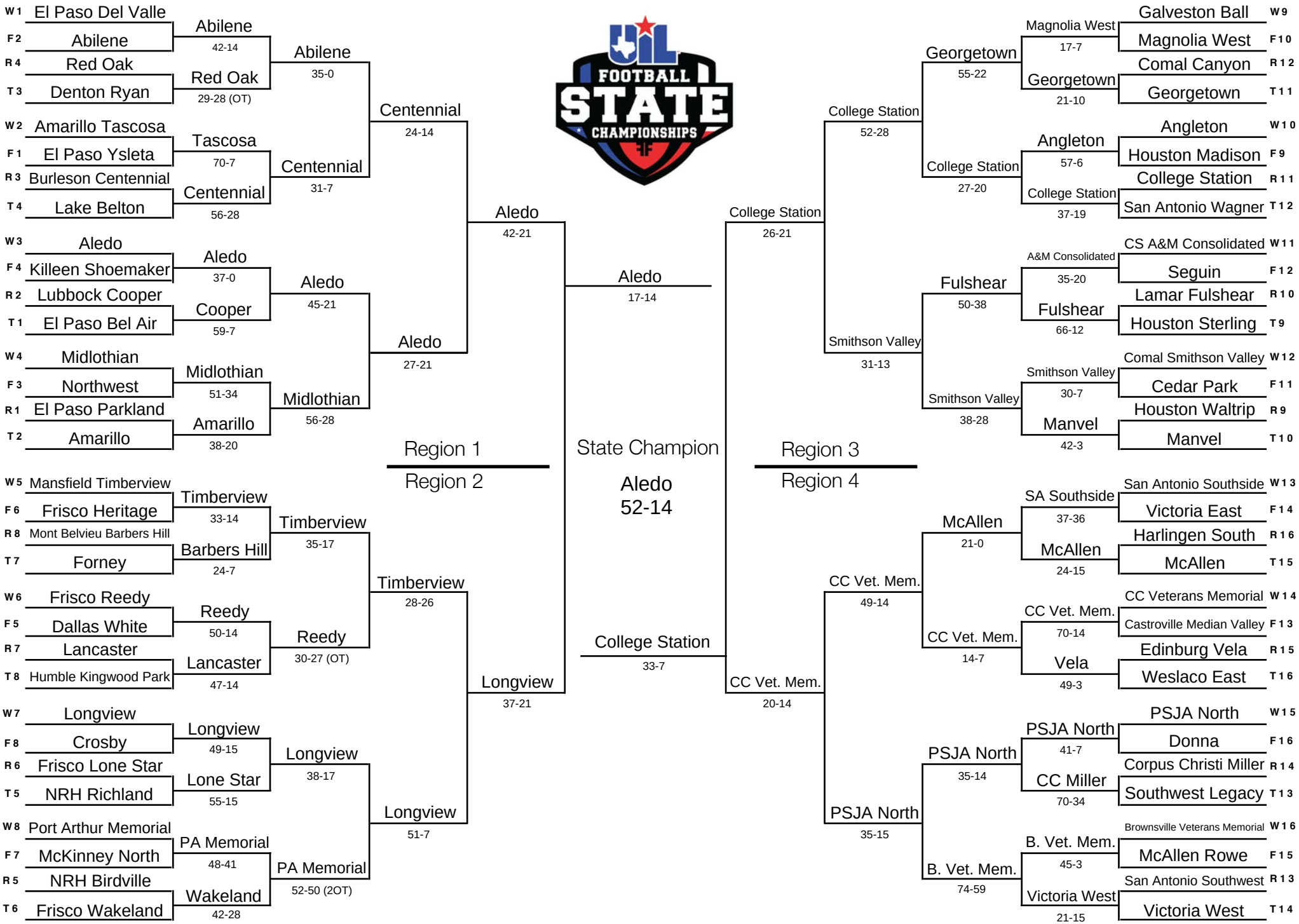2022 Football Conference 5A Division 1